




May 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>5/6 Choose One Cinnabar (45g) Assorted Bagel (29-35g)/Cream Cheese (2g)</p>	<p>5/7 Choose One Egg & Cheese Croissant (28g) Assorted Bagel (29-35g)/Cream Cheese (2g)</p>	<p>5/8 Choose One Turkey Sausage & Cheese on Biscuit (27g) Apple Blueberry Chip Bar (48g)</p>	<p>5/9 Choose One Yogurt Parfait (63-78g) Assorted Bagel (29-35g)/Cream Cheese (2g)</p>	<p>5/10 Choose One Assorted Pancakes (36-40g) Assorted Bagel (29-35g)/Cream Cheese (2g)</p>
<p>5/13 Choose One French Toast Sticks (57g) Assorted Bagel (29-35g)/Cream Cheese (2g)</p>	<p>5/14 Choose One Turkey Ham/Egg/Cheese Croissant (29g) Assorted Bagel (29-35g)/Cream Cheese (2g)</p>	<p>5/15 Choose One Turkey Sausage, Egg, & Cheese Pancake Sandwich (32g) Apple Blueberry Chip Bar (48g)</p>	<p>5/16 Choose One Apple (36g) or Cherry (37g) Frudel Assorted Bagel (29-35g)/Cream Cheese (2g)</p>	<p>5/17 Choose One Grape-Filled Crescent Roll (35g) Assorted Bagel (29-35g)/Cream Cheese (2g)</p>
<p>5/20 Choose One Cinnabar (45g) Assorted Bagel (29-35g)/Cream Cheese (2g)</p>	<p>5/21 Choose One Egg & Cheese Croissant (28g) Assorted Bagel (29-35g)/Cream Cheese (2g)</p>	<p>5/22 Choose One Turkey Sausage & Cheese on Biscuit (27g) Apple Blueberry Chip Bar (48g)</p>	<p>5/23 Choose One Yogurt Parfait (63-78g) Assorted Bagel (29-35g)/Cream Cheese (2g)</p>	<p>5/24 Choose One Assorted Pancakes (36-40g) Assorted Bagel (29-35g)/Cream Cheese (2g)</p>
<p>5/27 Choose One Memorial Day No School </p>	<p>5/28 Choose One Turkey Ham/Egg/Cheese Croissant (29g) Assorted Bagel (29-35g)/Cream Cheese (2g)</p>	<p>5/29 Choose One Turkey Sausage, Egg, & Cheese Pancake Sandwich (32g) Apple Blueberry Chip Bar (48g)</p>	<p>5/30 Choose One Cook's Choice Assorted Bagel (29-35g)/Cream Cheese (2g)</p>	<p>5/31 No School </p>
<p>NO PORK OR NUT PRODUCTS OFFERED.</p> <p>NUTRIENT AND INGREDIENT CONTENT AVAILABLE UPON REQUEST.</p>	<p>This institution is an equal opportunity provider.</p> <p>Menu is subject to change.</p> <p>Rev 5/21/2019</p>	<p>A variety of fresh fruits, choice of 1% low fat white milk (13g), skim chocolate milk (24g), orange juice (14g), and apple juice (14g), are offered daily with breakfast.</p> <p>CHOOSE ONE MAIN ENTRÉE OR CHOOSE TWO OF THE FOLLOWING AT BREAKFAST:</p> <ul style="list-style-type: none"> Assorted Cereals (20-27g) Cheese Stick (1g) Cinnamon Roll (20g) Graham Cracker (19g) Hard Boiled Egg (1g) Muffins (26-28g) Yogurt (14-16g) 		